

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Normality
Age	35.2	12.5	18	65	32	28	36	32	0.15	2.8	0.95
Gender	0.5	0.5	0	1	0.5	0	1	0.5	0.0	3.0	0.98
Marital Status	0.7	0.45	0	1	0.7	0	1	0.7	0.0	3.0	0.98
Education	12.5	2.5	8	16	12	11	13	12	0.1	2.5	0.95
Income	1500	500	500	3000	1200	800	1800	1200	0.2	2.8	0.95
Health	0.8	0.4	0	1	0.8	0	1	0.8	0.0	3.0	0.98
Stress	4.5	1.5	1	7	4	3	5	4	0.1	2.5	0.95
Depression	3.2	1.2	1	5	3	2	4	3	0.1	2.5	0.95
Life Satisfaction	5.8	1.0	4	7	6	5	6	6	0.0	3.0	0.98
Resilience	6.5	1.5	4	8	7	6	7	7	0.0	3.0	0.98
Optimism	7.2	1.2	5	9	7	6	8	7	0.0	3.0	0.98
Self-Esteem	6.8	1.0	5	8	7	6	7	7	0.0	3.0	0.98
Emotional Stability	6.0	1.2	4	8	6	5	7	6	0.0	3.0	0.98
Life Satisfaction	5.8	1.0	4	7	6	5	6	6	0.0	3.0	0.98
Resilience	6.5	1.5	4	8	7	6	7	7	0.0	3.0	0.98
Optimism	7.2	1.2	5	9	7	6	8	7	0.0	3.0	0.98
Self-Esteem	6.8	1.0	5	8	7	6	7	7	0.0	3.0	0.98
Emotional Stability	6.0	1.2	4	8	6	5	7	6	0.0	3.0	0.98

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